

## **Adolescent Friendly Health Clinic (AFHC): Monitoring findings and support provided to districts**

### **Key Issues:**

#### **District Poonch: AFHC at District Hospital**

1. AFHC is not established with desired set up.
2. 2 AFHC counsellors (male and female) are posted there.
3. There is no designated place for AFHC counsellors. AFHC and ICTC are in the same room and there is no set up for privacy for the client.
4. AFHC timing is not displayed anywhere in the set up.
5. Required logistics for AFHC are not available.(IEC material, Essential medicines not available)
6. AFHC counsellors are counselling patients only in OPDs.
7. MOs are not referring patients to AFHC Counsellors.

#### **District Kishtwar: AFHC at District Hospital**

1. Commodities like Bed side Screen, Step stool, Weighing machine, BP Apparatus, Stethoscope, Thermometer, measuring tape, Torch/flash light, Snell's Chart and Height Chart are not available in the clinics.
2. There is no such referral mechanism developed by the clinic, the counsellors had to gather the client from the OPD, and no sign boards available to guide through.
3. Non- availability of teaching aid, IEC Material, display of variety of services and non-availability of Essential Drugs and Supplies.

#### **District Doda: AFHC at District Hospital**

1. AFHC has a dedicated room and with privacy for adolescents.
2. The clinic is located away from OPD.
3. No AFHC sign board available.
4. Height measurement instruments, weighing machine, BMI charts, sanitary napkins and contraceptives are not available. AFHC is only providing counseling to the adolescents.
5. There no IEC material available at the clinic.
6. Stock register is not being maintained.

#### **District Leh: AFHC at District Hospital**

- Both male & female counsellor were present in AFHC.
- Service board not available.
- Basic Furniture – Examination table, chair and Table available.
- Need more space to maintain privacy and confidentiality in AFHC room.
- Printed Registers not available in AFHC.

#### **District Rajouri: AFHC at CHC Thannamandi**

- Designated room available (after advocacy of District Coordinator with MOIC and a designated room allotted for AFHC on the same day of monitoring).
- No standard register available.
- Outreach session started.
- Referral from OPD is poor.

## Support provided for strengthening AFHC:

- Support provided to APM (RKSK) in developing AFHC register as per MoHFW guideline
- AFHC registers implemented in district after regular advocacy at district level

Implementation status of standard AFHC registers:

Sl. No.	District	AFHC	AFHC Register Implementation status			
			Client Registration Register	Service Delivery Register	Out-reach Service Register	Stock Register
1	Poonch	DH Poonch	Yes	Yes	Yes	Yes
		CHC Surankote	Yes	No	Yes	No
		CHC Mendhar	Yes	No	Yes	No
2	Rajouri	DH Rajouri	Yes	No	No	Yes
3	Kishtwar	DH Kishtwar	Yes	Yes	Yes	Yes
4	Ramban	DH Ramban	Yes	No	Yes	Yes
		SDH Banihal	Yes	No	Yes	Yes

- Monitoring findings share with CMO, MS on regular basis.
- Advocacy done for outreach session at DH Poonch and it was started by counselor, DH Poonch.
- Support in setting up of AFHC at CHC Thannamandi.
- Standard AFHC registers for rest of the AFHCs will be implemented soon.

## Recommendation:

- Regular review of AFHC report at state level and AFHC analysis report need to be shared with districts on regular basis.
- District level review of AFHC performance by CMOs.
- Till now no such IEC materials for AFHC, which need to be developed and circulated.
- Division wise review meeting of AFHC counselors need to be organized to review the performance.

Submitted by

State RMNCH+A Unit (SRU), J&K  
rmnchaunitjk@gmail.com

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